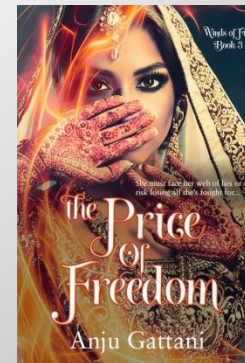
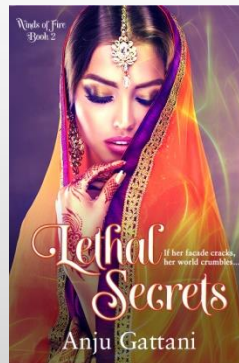
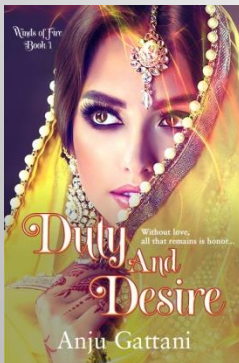


When Confinement Unleashes Creativity

- Siphon the solitude of quarantine
- Channel quarantine into a strength
- Unfold the writer within

By Anju Gattani



What is story?

- Telling / Narration of an event – true or fictional
- Transfer of information from teller to listener
- Listener experiences an emotion & learns something
- A connected series of events told through:
 - Words (written or spoken)
 - Imagery (still or moving)
 - Performance / Music / Form of communication
- Essential part of human culture. It's how we learn about each other, our past, our cultures.

Your Story IS NOT:

Your Resume

List of Achievements

List of Grievances

Medical Diagnosis

List of Ailments

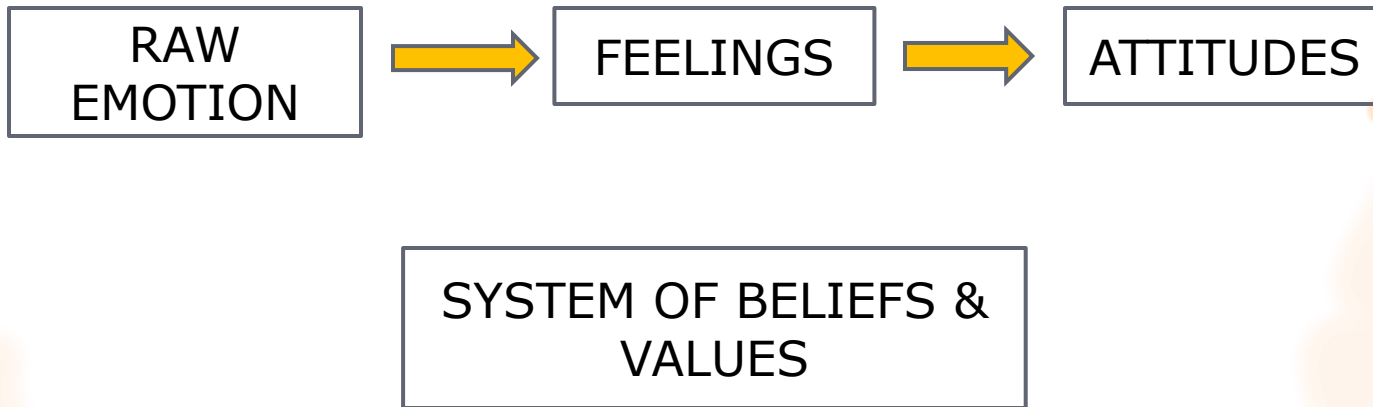
Ground to vent or boast about yourself

STORY CAN BE TOLD AT ANY TIME, ANY PLACE, BY ANYONE.

STORY CAN BE CREATED ANYWHERE IN SOLITUDE

Your Story Is:

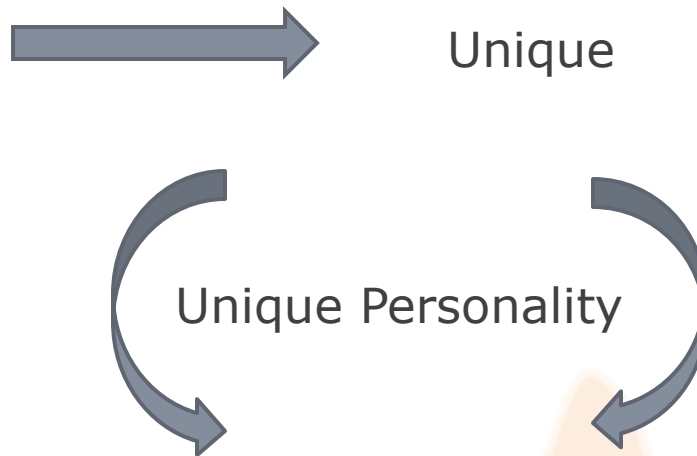
- Travel of the mind to the past and future - Imagination
- Culmination of your experiences and thoughts
- Conversion of:



STORY HAS THE POWER TO CHANGE LIVES, SAVE LIVES & TRANSFORM SOCIETY.

What's your story?

- What made you who you are today?
- Ask yourself:
- Profession? Do for a living?
- Family background & experiences?
- Education & Institutions attended?



Why Is Your Story Special?

- The UNIQUE experiences you have had make you who you are today.
- The ESSENCE of WHO YOU ARE
- **Before you connect with anyone regarding your story you need to know WHO AM I?**

WRITE RIGHT



1. Identify a Key Turning Point in your life (Raw Emotion)
Birth? Death? Marriage? Divorce? Promotion?
2. Identify how that experience changed you as a person.

Emotional
Experience

Before

After

How did that **EMOTIONAL EXPERIENCE** change your behavior toward others?

Thank You!

- Website: <https://www.anjugattani.com/>
- Sign up for my newsletter
- Facebook: Anju Gattani Author
- Twitter : @Anju_Gattani
- WINDS OF FIRE SERIES, DUTY & DESIRE, June 2, 2020 release! Amazon / Apple / Kobo / Retail Stores

By Anju Gattani

